

SUMMER  
2023

# sharedtrack

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## Employee Appreciation Days

Every summer Conrail hosts Employee Appreciation Days as a way of expressing their gratitude and appreciation for their employees and families, and their commitment to the railroad. Each and every one of you and your families have an important role in Conrail's continued success.

On June 10, 2023, employees from North Jersey and South Jersey areas came out to enjoy a beautiful day at Six Flags Great Adventure in Jackson, N.J. They were able to enjoy some of the best roller coasters on the East Coast along with some other great rides, from thrill rides to family rides to kids rides. Employees and their families joined us at the pavilion where they were able to relax, take a break in the shade, and enjoy some food and drinks. Every one of the nearly 550 people in attendance received a Conrail t-shirt.

Detroit employees enjoyed their summer picnic at C.J. Barrymore's amusement park located in Clinton Twp, M.I. on June 17, 2023, where they could enjoy some fantastic rides and games. Along with mini golf and go-karts, they were also able to cool off a little bit on the bumper boats or take some swings in the batting cage. Employees and their families were able to come back to the picnic area to relax and mingle with their co-workers and families while enjoying some food and drinks.

Both events had a wonderful turnout this year and the weather was perfect! We would like to thank everyone who came out to join us as well as the employees who worked hard behind the scenes to make the 2023 Employee Appreciation Days a great success. We look forward to seeing you at future employee appreciation events!



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on the Conrail  
website under  
"News and Information."  
[www.Conrail.com](http://www.Conrail.com)

# Message from the President

As we hit the mid-year mark of 2023, this team once again is delivering some very impressive results for our owners and to the customers we serve. In these challenging times our customers are depending on us more than ever, and this team continues to step up and deliver world-class service. These efforts are not only recognized and appreciated by our customers, but by our owners as well. This can and is only being accomplished by all departments working together towards that common goal. I'm so impressed by the great attitudes and unwavering dedication of how our employees do their part every day to make this company great. It is our employees that embody and embrace the concept of **Team Conrail!**

As you all know, I look at our business in 4 categories: **Safety, Service, Value, and Leadership.**

Our **Safety** performance is having mixed results, with Personal Safety, we are performing better than at the same time last year. This team has experienced 3 reportable injuries, with 2 of them being lost time accidents. Even though those results are better than last year, we need to continue to strive for zero personal injuries to ensure that we all go home to our families and friends safely every single day. We have so many of our employees that have gone their entire careers without a single accident, and they are the ones that are proof positive that it can be done.

When it comes to train accident (derailment) performance we continue to struggle. Our performance this year is slightly worse than same time last year. Our total number of train accidents is 42 compared to 37 at the same time last year. Our human factor accidents are by far our greatest area of opportunity, with 20 human factor accidents already this year. We must do better! Our customers deserve better! Every time a human factor derailment occurs, we place the personal safety of our employees, our community, and our customers at risk. These accidents can be eliminated. There is nothing so urgent or so critical that we cannot take the extra few moments to ensure that we are performing the task at hand safely and correctly. I need your help embracing that concept and getting this negative trend behind us once and for all.

On the **Service** front, we are performing at an all-time best. Every single Key Performance Indicator (KPI) is better than we were at the same time last year. On Time train departures stand at 95.4% against a goal of 90%, Daily 32-hour cars are averaging 634 against a goal of 780, and LOPA/LSM (deliveries to our customers) are at 88.24%, just 1.8% off goal. These are some very impressive numbers, and our customers couldn't be happier with the service we are providing them. Our owners are equally complimentary and share that this is the best performance they have experienced in many

years. These positive comments from our owners and customers belong to each of you, regardless of what role you play within the organization. Numbers like these are only achieved when each department works collectively together towards a common goal. Thank You all for your individual efforts that help deliver these world class results. Well Done!

Our **Value** performance is equally impressive with the way in which this team has reacted to the continued decline of volumes in our business. Due to the current economy, we are seeing a continued downturn in business across the entire Conrail network. YTD through May, our carloads are down 4% from plan, and 3% below same time last year. This is concerning considering our 2022 volumes were 8% below our 2021 volumes. These continued declines have us below our numbers of two years ago. This entire team has responded well to this decline and has done a great job in reducing expenses in every aspect of the business. These reductions did not come at the cost of our people, there has not been one person laid off, and there is no intention to do so, just the opposite, we continue to hire in almost every department as we position ourselves for the future. This economy will turn around, and when it does, Team Conrail will be ready!

**Leadership** has shown many forms this year. During these challenging times is when leadership is not only needed most but shown most. Leadership has presented itself at every level of our organization this year. Our teams are working better than ever and collectively producing innovative ideas to improve service to both our internal and external customers. We are investing heavily in the physical plant to provide this team with new buildings, new bridges, new tools, and equipment, and creating better than ever working conditions. We continue to hire in every department, and we remain committed to the FMT (field manager trainee) program. We have doubled down on our training efforts to develop the best railroaders in the industry. We have built positive and productive relationships with the elected leaders in the communities we serve, as well as the government agencies that we interact with. Our customers remain very complimentary of our service along with employees that they meet every day. These are just a few examples in which this team is providing leadership at its finest.

On a personal note, it was an absolute pleasure meeting so many of your families during the family day picnics at Six Flags in New Jersey and CJ Barrymore's in Detroit. It was great to see so many of you at these events and I look forward to these gatherings for many years to come. Wishing you a great remainder of the year.

Brian E. Gorton  
President and Chief Operating Officer

# Conrail Summer Spike Events

NICOLE GAGLIARDI | Regulatory Compliance Specialist

As the summer season kicks into gear, I am excited to share the resounding success of the Summer Spike events in May 2023, sponsored by Conrail's Safety Team with the assistance of each District and the local management. This event served as a reminder of the importance of safety awareness during the warmer months and provided valuable knowledge to our agreement professionals.

Summer Spike events were held in each of the Conrail districts, South Jersey, North Jersey, and Detroit. All Conrail supervisors and agreement professionals were provided a meal and Conrail coolers were distributed. In the coolers, were handouts containing safety tips for working in the summer months, including how to recognize and respond to heat stroke. At the end of all three events, over 850 coolers and messages were distributed across the system. I would like to thank everyone that participated; it is thanks to the collective effort of the Conrail team that this achievement was made possible.

As we move further into the summer season, let us remember the information provided at these events. By prioritizing safety, being vigilant, and staying informed, we can all make the most of this time of year while keeping ourselves and those around us protected.

Here's to a safe and enjoyable summer!



# Engineering Track Safety Standards Training

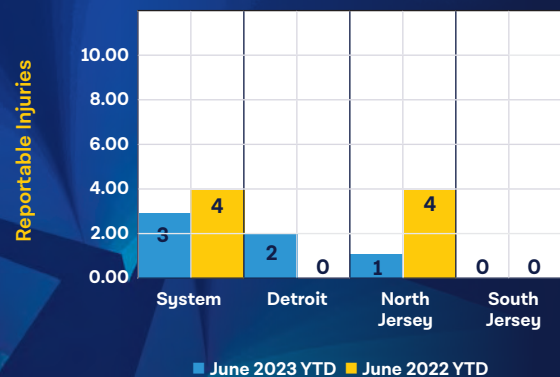
MICHAEL A. DIARENZO | Director Asset Planning & Administration

For the first time in Conrail history, the entire Engineering Department (Track, B&B, Signal, Communications, and D&C) went Injury Free the full calendar year of 2022. Proper classroom and on the job training were the key ingredients of the Engineering Department's achievement. In efforts to continue that success in 2023, Kevin Voss, Terminal Engineer, led the charge in training employees on Track Safety Standards, Continuous Welded Rail, Roadway Worker Protection, and Bridge Worker Safety. With over 24 years of experience working in the Engineering and Mechanical departments, Kevin brings a wealth of knowledge to the table on what to expect when working along the right-of-way in all different types of work environments. Twelve sessions of training were conducted throughout the months of March and April. These training sessions were done in smaller groups than normal to give every employee the opportunity to engage and ask questions during the training and not feel pressured to get through the class as quickly as possible. More engineering training will be conducted in 2023, including a more in depth 213 Track Safety Standards for those employees who requested it and NORAC/Conrail Safety Rules training for all employees.



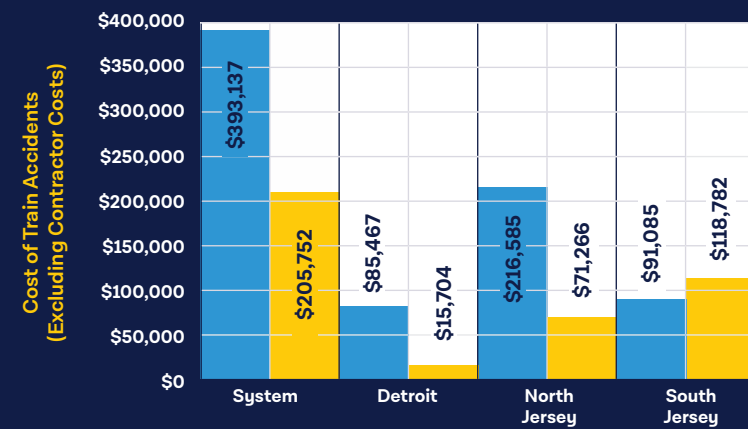
## Safety/Service Measures

Maintaining a safe workplace is our #1 Goal. Overall, safety performance has improved in 2023.



SYSTEM 25% Improvement 2023 vs. 2022  
DETROIT 200% Increase 2023 vs. 2022  
NORTH JERSEY 75% Improvement 2023 vs. 2022  
SOUTH JERSEY No Change 2023 vs. 2022

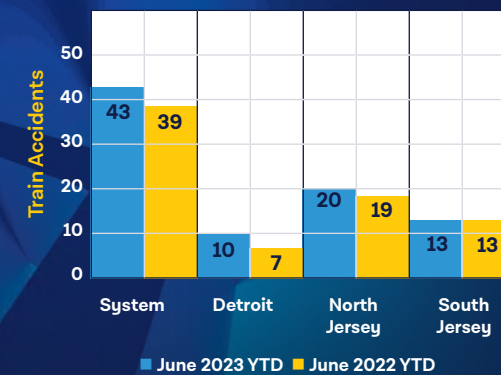
The cost of Train Accidents has increased in 2023



SYSTEM 91% Increase 2023 vs. 2022  
DETROIT 444% Increase 2023 vs. 2022  
NORTH JERSEY 203% Increase 2023 vs. 2022  
SOUTH JERSEY 23% Improvement 2023 vs. 2022

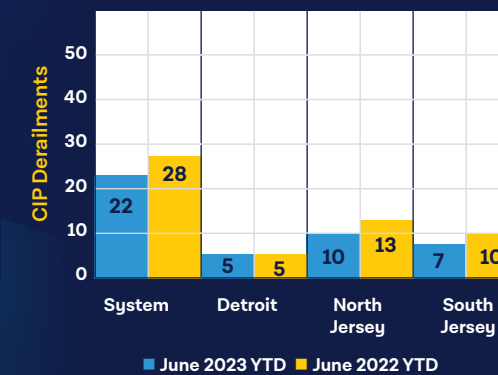
## Safety/Service Measures

The number of Train Accidents has increased in 2023 vs. 2022



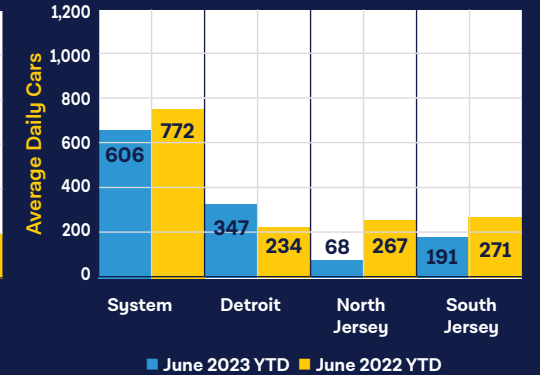
SYSTEM 10% Increase 2023 vs. 2022  
DETROIT 43% Increase 2023 vs. 2022  
NORTH JERSEY 5% Increase 2023 vs. 2022  
SOUTH JERSEY No Change 2023 vs. 2022

The number of Derailments has decreased in 2023 vs. 2022



SYSTEM 21% Improvement 2023 vs. 2022  
DETROIT No Change 2023 vs. 2022  
NORTH JERSEY 23% Improvement 2023 vs. 2022  
SOUTH JERSEY 30% Improvement 2023 vs. 2022

Average Daily 32 Hour Cars has decreased in 2023 vs. 2022



SYSTEM 22% Improvement 2023 vs. 2022  
DETROIT 48% Deterioration 2023 vs. 2022  
NORTH JERSEY 75% Improvement 2023 vs. 2022  
SOUTH JERSEY 30% Improvement 2023 vs. 2022

# What's the Scoop, Sup?

## Message from Detroit District Superintendent



As we move into the heat of the summer, I would like to address focusing on attention to detail. Often employees either become complacent in their daily tasks or they are in a hurry to get home. Attention to detail is an attitude that fosters excellence and sets the stage for success. It is important that moving into the second wave of the year, we focus on this and reverse our current trend. To date, we have had three significant safety events including 2 FRA reportable injuries and one incident. To continue with the message of our Summer Spike event completed a few weeks ago, we are driving home the necessity to remain vigilant in our daily tasks and the importance of promptly reporting any hazardous work environments. Events like these can really uncover an abundance of detailed employee feedback related to safety, service, and design. Let's make sure we learn from all the feedback we received during these events.

Throughout 2022, we did experience some service difficulties. The bulk of these shortcomings were related to our inability to fill open

assignments. At the time, we had a group of new hires in training and today they have populated into the field. This has undoubtedly changed the course of our service schedule and are experiencing improvement in our operating service measurement. Additionally, our car movement plans have reached our expectations while our volumes, train connections, and car cycle times are steadily becoming more fluid. I am also excited to announce that we are in discussions with a potential new customer that, if secured, could generate more business on the chemical side of the industry.

Finally, we are continuing to market local storage space for our customers' pipelines. Our customers are excited to take advantage of these local storage opportunities that help keep their operations fluid. As our business continues to grow, we applaud your efforts in helping to support our infrastructure and making your safety a priority. Keep up the good work and please continue to report any hazardous work environment conditions you may come across.

Kory S. Johnson  
Detroit District Superintendent

## Message from South Jersey District Superintendent



South Jersey District celebrated a major milestone in July 2023. All departments in the district (Transportation, Engineering, and Mechanical) achieved ONE YEAR INJURY FREE! This was a collective effort by all Team members of the district working with one goal in mind!

As we enter the midway point of 2023, the South Jersey District has many things to celebrate as well as a few things to continue to improve upon to finish out 2023 successfully. So far this year, South Jersey has welcomed five newly promoted conductors in the Terminal and another group that will begin training this summer. This welcome addition will help our ability to service our customers

with world class customer service as well as help with the customer growth we anticipate in the near future in the South Jersey Terminal.

South Jersey's KPI's (Key Performance Indicators) are all running favorable year-to-date for our service measures. We plan to continue to build on the positive numbers from the first half of 2023 to finish the year out delivering safe, on time, and efficient service to all the industries we serve in the Delaware Valley.

Let's continue to stay focused and keep up the good work through the second half of 2023 and finish the year strong!

John E. Higgins  
South Jersey District Superintendent

## Message from North Jersey District Superintendent



The Conrail Board of Directors held their June 2023 Board meeting at Faps Inc. in Newark, NJ. Prior to the meeting, some of the Board members toured the North Jersey District and they were impressed with how our District looked and how our employees carried themselves in a safe and professional manner. Thank you, North Jersey, for a job well done!

**Safety:** Like I said last year, 2023 will be a challenging year and we need to perform better by making safety our #1 priority. So far, we are still on the right path, and we need to continue. **IF IT'S NOT SAFE DON'T DO IT.** Injuries and Human factor derailments have improved from last year with one injury YTD. We have ten derailments including four that are human factor derailments YTD. Thank you for your safety performance. Stay focused and keep safety our #1 priority.

**Service:** The volume (car count) is lower than expected .10% less than we budgeted for, but we still managed to provide our customers with

the highest level of service and our performance is improving year after year.

- LSM (Local Service Measure): 98%
- On Time Departures: 94%
- Daily 32 Hour Cars (cars in North Jersey yards more than 32 Hours): 68 cars

**Value:** Lower car count = less overtime and less starts. We need to keep our overtime under control and service our customers with the same level of service of which we are capable. We need to control our spending, eliminate waste, and explore every opportunity to grow our business.

**Leadership:** Never look at the score board. Be the safest, most customer service focused and efficient District.

Let us continue to make 2023 a successful year.

Mo A. Megali  
North Jersey District Superintendent

## Every Week is Rail Safety Week

Here are some tips to stay safe:

- Always expect a train; freight trains don't follow published schedules.
- A typical freight train can take more than a mile to stop.
- The train you see is likely closer and faster-moving than you think.
- The only safe place to cross the tracks is at a designated crossing.
- Being on railroad tracks and property is not only dangerous - it's illegal!



**We would like to recognize all of our employees who have reached injury free milestones. Thank you for your dedication to safety.**

## Injury Free

### DETROIT

Bryan Jones, Foreman, 10 Years of service

### NORTH JERSEY

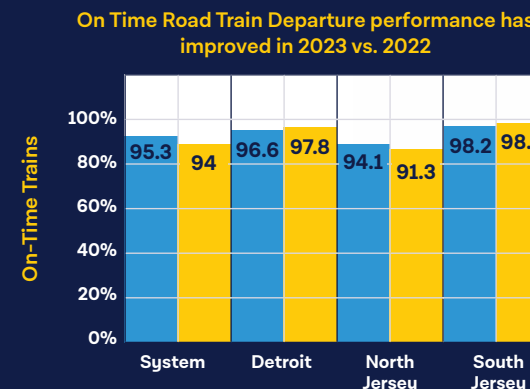
- Daniel Collado, Engineer, 5 Years of service
- Christopher Urban, Engineer, 5 Years of service
- Kevin Clarke, Electronic Technician, 10 Years of service
- Jason Gabriel, Electronic Technician, 10 Years of service
- Marek Garncarz, Carman, 10 Years of service
- Zachary Hudak, Maintainer/Repairman, 10 Years of service
- Manuel Maza, Electronic Technician, 10 Years of service
- John Skrapka, Foreman, 10 Years of service
- Richard Donovan, Engineer, 15 Years of service
- Darrell Gregory, Conductor, 15 Years of service
- Floyd Huntley, Engineer, 15 Years of service
- Richard Kvartek, Maintainer/Repairman, 15 Years of service
- Brian Lennon, Engineer, 15 Years of service
- Larry Lozito, Engineer, 15 Years of service
- Nicholas Pichardo, Machinist, 15 Years of service

- Johnnie Valentine, Radio Maintainer, 15 Years of service
- Andrew Williams, Engineer, 15 Years of service
- William Clemons, Conductor, 20 Years of service
- Santo Mario Fontana, Conductor, 20 Years of service
- Kenneth Kokoska, Engineer, 20 Years of service
- Stephen Schmidt, General Clerk, 20 Years of service
- Patrick Flannery, Carman, 25 Years of service
- Emil Szostek, Electrician, 25 Years of service
- Mark Malinowski, Machinist, 30 Years of service

### SOUTH JERSEY

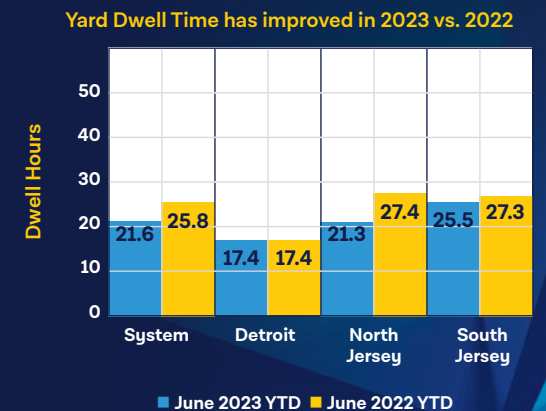
- Steven Arey, Carman, 10 Years of service
- Bryan Eichinger, Machinist, 10 Years of service
- Jonathan Simmons, Car Repairman, 10 Years of service
- Raymond Radziak, Engineer, 15 Years of service
- Tracy Samero, Customer Service Rep, 15 Years of service
- Philip Summers, Engineer, 15 Years of service
- Keith Kajkowski, Train Dispatcher, 20 Years of service
- Mark Mather, Engineer, 20 Years of service
- Robert Brophy, Carman, 25 Years of service

## Safety/Service Measures



■ June 2023 YTD ■ June 2022 YTD

**SYSTEM** 1% Improvement 2023 vs. 2022  
**DETROIT** 1% Deterioration 2023 vs. 2022  
**NORTH JERSEY** 3% Improvement 2023 vs. 2022  
**SOUTH JERSEY** 0% Deterioration 2023 vs. 2022



■ June 2023 YTD ■ June 2022 YTD

**SYSTEM** 16% Improvement 2023 vs. 2022  
**DETROIT** No Change 2023 vs. 2022  
**NORTH JERSEY** 22% Improvement 2023 vs. 2022  
**SOUTH JERSEY** 7% Improvement 2023 vs. 2022

# Meet The Conrail Car Department



JEFF PARRY | Office Utility Professional

Behind Conrail's operation lies a dedicated team of professionals working to ensure the safe and reliable operation of railcars. The Car Department plays a crucial role in this endeavor, overseeing inspection, repair, and overall mechanical well-being. The department is comprised of car inspectors, carmen, repairmen, electricians, machinists and clerks. Conrail repairmen in the car shop are responsible for repairing defects on railcars on the repair track and ensuring all railcars are safe for operation. Repairmen on the block truck are responsible for assisting with re-railing efforts after a derailment occurs and they also remedy any railcar issues on customers' property and at the outlying points. Car inspectors are responsible for inspections, both inbound and outbound, at each terminal. They are inspecting air brakes and any other defects that could lead to injuries or derailments. Clerks are readily available to order material, pay invoices, and keep the shop running smoothly.

The Car Department Foremen act as a bridge between management and the agreement professionals. They oversee the day-to-day operations, ensuring that tasks are completed efficiently and according to rules and regulations. They play a crucial role in coordinating and managing the activities of the department while creating a safe work environment.

Conrail's Car Department remains an unsung hero behind the scenes. Their expertise, dedication, and hard work help to provide a smooth and reliable operation. By inspecting and repairing railcars, the Car Department plays a pivotal role in ensuring safety and efficiency, while keeping trains on track and freight moving towards its destination.

"Our job is to keep the cars moving," said North Jersey Foreman Kevin Hayes. Kevin emphasized starting each day with a safety briefing, discussing the jobs to be accomplished that day and then assigning the tasks at hand. Kevin indicated that because he has a great veteran group of guys working alongside himself, he knows what each of his employees' strengths are and therefore can assign tasks to the person who is most capable of getting



it done in the most efficient and safest manner. Kevin has 24 years' experience with Conrail and has been a foreman for 12 of those years. Kevin has always been in the Mechanical Department and is also the first in his family to work on the railroad. What Kevin likes most about his job is the Conrail team he has working under him. "I love my job and the camaraderie between myself and my team. If I had to give advice to a new Car Department employee starting out, it would be to develop a relationship with your employees. You are only as effective as they are and individuals who feel like they are part of a team perform better", said Kevin. Outside of work, Kevin is a great family man who enjoys spending time with his 5 children and 12 grandchildren, all of whom love their pop-pop. Kevin is also a great volunteer in the community and has coached football and baseball for over 20 years. During his free time, when he has it, Kevin likes to bowl. Bowling has been a family tradition for years as Kevin's late father was a big bowler and is in the New Jersey Hall Of Fame for bowling.

Conrail's South Jersey Foreman, Steve Shuff, also reiterated Kevin's sentiments about keeping the cars moving. "Our main responsibility is to manage ongoing freight car repair, inspection and defect corrections to ensure the safe and efficient delivery of all freight to our customers." Steve has 35 years of railroad experience with Conrail and 17 of those years as foreman. What Steve likes most about his career with Conrail is teaching the young guys the right way and the safest way to get the job done. "I always tell the young guys to listen to the veteran employees as they have seen and done it all. I tell them that at times, things may seem tough but to stick it out as Conrail is a great place to work." Steve supervises 25 employees comprised of all South Jersey car inspectors and 7 employees in the Car Shop. Just like Kevin, Steve has always been in the Mechanical Department. In his personal time, he enjoys golfing and spending time with his 3 children and 7 grandchildren. He enjoys watching their sporting events or taking them out for ice cream or a movie. Steve's son has been with Conrail for 12 years as an Engineer.



## Leaning on Advancements in Battery Technology

DAN CARLE | Asset Engineer

At Conrail, we are committed to doing things the right way, the first time. That's why we have recently made the switch to battery-powered tools. With advancements in battery technology, these tools are more efficient, environmentally friendly, and more cost-effective than their hydraulic-powered counterparts. We hosted tool demos in 2022 with various vendors, where our employees provided first-hand feedback on the new battery-powered tools currently available on the market. The response was overwhelmingly positive, with many noting the ease of use, increased portability, and reduced noise levels. By providing our employees with state-of-the-art tools, we are ensuring that they have what they need to maintain our railroad to the

highest standards. This allows us to deliver the world-class service that our customers expect and deserve, without the risk of service disruptions or delays. Our new battery-powered tools are designed to be reliable in extreme temperatures, making them ideal for use in any weather condition. They also provide increased portability, allowing us to use them anywhere without the need for specialized equipment. In conclusion, our investment in battery-powered tools has improved our internal processes, reduced our environmental impact, and helped us to meet and exceed the expectations of our customers. We are proud to deliver world-class service, and our tools play a critical role in achieving that goal.



## Information Technology

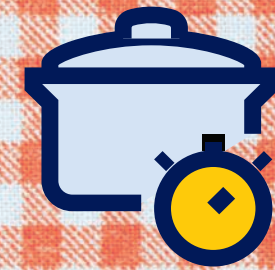
DOUG BROWN | IT Manager

The Conrail IT team has gone through several changes over the past year. We have added several new members to our team. Joe Callandrillo began working for Conrail in Customer Service and has been a great addition to the team. He's been maintaining Citrix as well as handling desktop administration duties. Bruno Lucifero came to us from outside the organization with years of experience in the IT field. He's been leading the MTR project rolling out iPhones to our Transportation team members in Detroit and South Jersey. Our most recent addition, Harvey James, has taken over the role of developer and data analyst, replacing recently retired Jim Hasselman. Harvey will support the various applications we use as well as developing new ones that will change the way we use and display data with PowerBI Dashboards and other new technologies for visualizing your data.

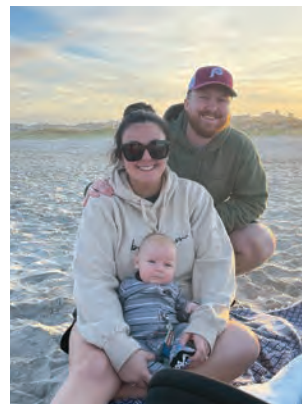
The team is working hard to make sure all users have the best experience possible while ensuring that we comply with the latest cybersecurity protocols. We've recently made changes to our Helpdesk. Now, when calling the Helpdesk, you are directed to one of the on-call members of the Conrail IT team. We have

been operating this way since April and we've found that we can provide a better end user experience. Cybersecurity is a daily focus, and our team has been working closely with the TSA to comply with newly mandated cybersecurity standards. We understand that some cybersecurity requirements may be inconvenient from a user perspective, but these security measures are necessary to ensure business continuity and data security. We appreciate your understanding.

With advances in technology there are more opportunities to use technology to enhance customer service and safety. Mobile Train Reporting (MTR) and Comply365 are examples of this new technology and mobile devices will be used for many other tasks in the future. Mobile Train Reporting is designed to help the crews get their work orders for the day, while Comply365 is the rule book they need while working. Both are paperless and will help the crews work safer and more efficiently. Additionally, we will be rolling out iPhones to the remainder of our Transportation Department in the coming months so that conductors and engineers in North Jersey have access to their email as well as Comply365.



Carol Kane, Administrative Assistant, recently celebrated the birth of her first grandchild, Michaela Reese Winton. Carol now embarks on a new chapter as she embraces the role of a proud grandmother. Congratulations on your newest addition!



Congratulations to Pat Donnelly, Assistant Manager ATC, and his fiancé Jamie, on the birth of their son, Jameson Michael Donnelly.



David Sisolak, C&S Supervisor N.J., and his girlfriend Gabrielle recently celebrated the birth of their new baby boy, James Palmer Sisolak. Congratulations!



Bruno Tavares, Track Supervisor N.J., and his wife Sarah recently celebrated the birth of their new baby boy, Noah Rafael Tavares. Congratulations!



## TACO SALAD RECIPE

### INGREDIENTS

- 1lb ground beef
- 1 head of lettuce
- 1 large tomato
- 1 small white onion
- 1 bag Doritos
- 1 bottle Catalina dressing
- 2 bags shredded mozzarella cheese

### DIRECTIONS

1. Brown the ground beef, drain and cool
2. Chop the lettuce, tomato, and onion – combine in a large bowl
3. Crumble the Doritos in the bag
4. Add the cooked and cooled ground beef, Catalina dressing, cheese, and crumbled Doritos to the bowl with the other ingredients
5. Combine all of the ingredients and serve



## CORN SALAD RECIPE

### INGREDIENTS

- 4 ears fresh corn, husked
- Extra-virgin olive oil, for brushing
- 1½ tablespoons mayo, (or vegan mayo)
- 1 garlic clove, minced
- Zest and juice of 1 lime
- cup chopped scallions
- ¼ cup crumbled Cotija, or feta cheese
- ¼ cup finely chopped cilantro
- ¼ teaspoon smoked paprika or chili powder
- 1 jalapeño, diced\*
- ¼ teaspoon sea salt

### DIRECTIONS

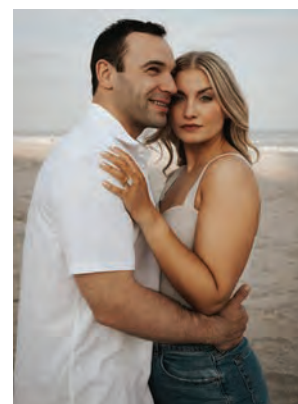
1. Preheat a grill to medium-high heat. Brush the corn with olive oil and grill for 2 minutes per side, or until char marks form. Remove from grill and set aside.
2. In a large bowl, combine the mayo, garlic, and lime zest and juice. Slice the kernels off the corn and add to the bowl along with the scallions. Stir to coat, then add the cheese, cilantro, smoked paprika, jalapeño, and salt. Season to taste and serve immediately or chill until ready to serve.



Join us in congratulating Deborah Beynon, Senior Director & Controller, on her youngest daughter, Anna Beynon, for her outstanding achievement! Anna has just graduated from Delaware Valley University in Doylestown, PA, with her Bachelor of Science Degree in Small Animal Science, magna cum laude and was inducted into Delta Tau Alpha Agricultural Honor Society.



Congratulations to Quinn, daughter of Danielle Morrison, Administrative Support Specialist, and Ryan Morrison, Trainmaster, on making her first Holy Communion.



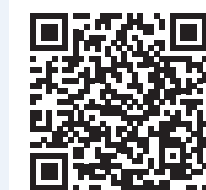
Congratulations to Jennifer Winton, Customer Service Representative, and her fiancé, Jacob Edelman, on their Engagement!

## Money Matters

The 2023 Vanguard webinars are intended to provide employees with the tools and education necessary to manage finances and help make the best financial decisions for themselves, their families, and their futures. Please take advantage of these informative webinars to help you take charge of your short-term and long-term financial planning goals.

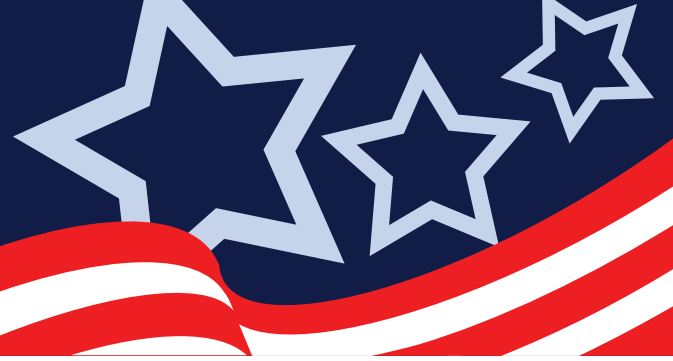
TOPIC	DATES	TIMES
<b>Financial Freedom</b> <i>Registrations open June 6, 2023</i>	Friday, August 4	9 AM, 12 PM & 3 PM
	Monday, August 7	2 PM, 5 PM & 8 PM
<b>Getting on Track - RRT</b> <i>Registrations open June 6, 2023</i>	Friday, September 8	9 AM, 12 PM & 3 PM
	Monday, September 11	2 PM, 5 PM & 8 PM
<b>Health Savings Accounts HSAs</b> <i>Registrations open September 12, 2023</i>	Friday, October 6	9 AM, 12 PM & 3 PM
	Monday, October 9	2 PM, 5 PM & 8 PM
<b>Retirement Income (Forever Saturday)</b> <i>Registrations open September 12, 2023</i>	Friday, November 3	9 AM, 12 PM & 3 PM
	Monday, November 6	2 PM, 5 PM & 8 PM
<b>Timeline to Retirement</b> <i>Registrations open September 12, 2023</i>	Friday, December 1	9 AM, 12 PM & 3 PM
	Monday, December 4	2 PM, 5 PM & 8 PM

**Register Now!**



**Registration Link:**  
[https://webinars.on24.com/Vanguard\\_IIG/VES2023](https://webinars.on24.com/Vanguard_IIG/VES2023)

# Military Appreciation



## Meet Technical Sergeant Anthony Baginski



On the left side of the photo, Meet Technical Sergeant Anthony Baginski born in Bayonne, NJ. He enlisted in the United States Air Force Reserve in September 2011 and began Basic Combat Training in May 2012 in San Antonio, TX. After graduating in July 2012, he attended Air Transportation school, in Fort Lee, Virginia, where he earned the Military Occupational Specialty 2T231, Air Transportation Apprentice.

TSgt Baginski was assigned to 514 AMW, 35 APS, Joint Base McGuire-Dix-Lakehurst, NJ. Four years later, he was assigned to the 386th Air Expeditionary Wing in the Middle East for his first deployment. After his first tour, he was reassigned to 4406 Operations Group in the Middle East in 2019. His tour

was extended due to the pandemic and TSgt Baginski maintained control over screening troops on incoming aircraft for COVID symptoms to keep the base free from any outbreaks. In addition to his deployments, TSgt Baginski has also participated in short training missions in Japan and Germany.

In October 2023, TSgt Baginski will be assigned to the 386th Air Expeditionary Wing again for another tour in the Middle East. He has worked for Conrail since 2015 and has worked in several departments and districts including the North Jersey Engine House, South Jersey Engine House, and North Jersey C&S. He is committed to the military and plans on at least nine additional years of service. AIM HIGH - FLY, FIGHT, WIN!

## Meet Samantha Galloway: An Administrative Assistant and Navy Intelligence Specialist



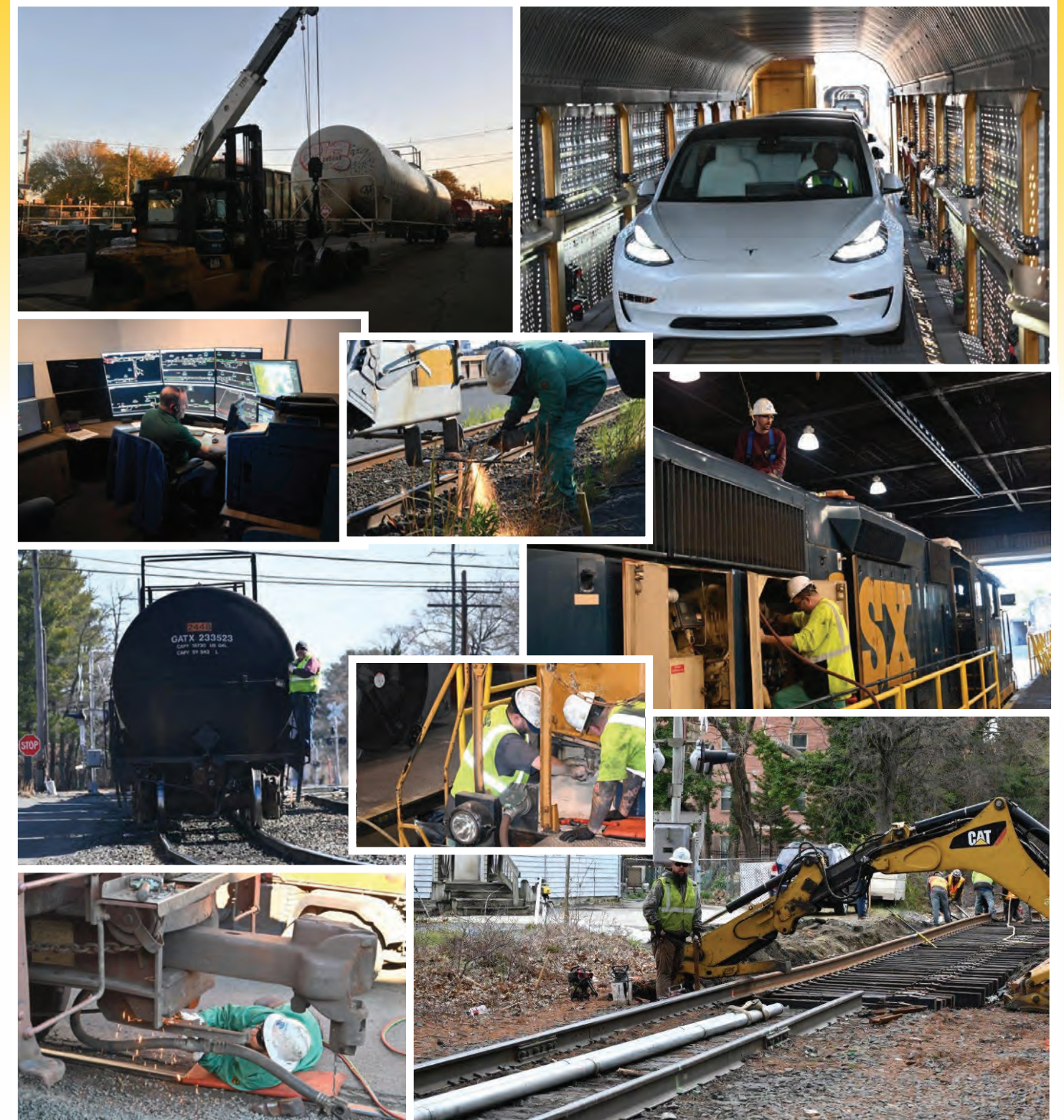
Samantha joined the Conrail team in 2022 as an Administrative Assistant in the Law Department, but that's not all there is to Samantha. When she is not hard at work in the office, Samantha is a wife and a devoted mother of two wonderful children.

In addition to her dedication to her family and career, Samantha serves our country as an Intelligence Specialist Second Class (IS2) in the United States Navy. She has been serving in the US Navy for over seven years now, and trains annually and drills monthly with the Kennedy Maritime Analysis Center

and also provides operational support to the Office of Naval Intelligence through data collection and analysis. Samantha has previously supported various commands in Japan and Guam.

Thank you, Samantha, for serving our country!

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**Conrail congratulates**



**Jocelyn Hill**

*General Counsel and Corp. Secretary*

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International Railways Journal's Women  
in Rail Award winners for 2023**

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